



PROJECT ABSTRACT

Al Mahmoud, Tahra Middle East African Council of Ophthalmology (MEACO)	3
García Aliaga, Vania Sociedad Panamericana de Baja Visión	5
Hernández López, Adriana Sociedad Mexicana de Oftalmología	7
Holzchuh, Ricardo Conselho Brasileiro de Oftalmologia	9
Maldonado López, Miguel J. Sociedad Española de Oftalmología	11
Mora Retana, Rolando Asociación Oftalmológica de Costa Rica	13
Palacios Herrera, Hector D. Sociedad Panamericana de Retina y Vitreo (SPRV)	17
Peña, Fernando Yaacov Sociedad Colombiana de Oftalmología	19
Reinhart, Carlos Marcelo Consejo Argentino de Oftalmología	21
Restrepo Pelaez, Carlos Alberto Sociedad Colombiana de Oftalmología	23
Rivera de Castillo, Erlinda Asociación Salvadoreña de Oftalmología	25
Rivero Caret, Luis Felipe Sociedad Venezolana de Oftalmología	29
Torres Villanueva, Felipe Sociedad Peruana de Oftalmología	35
2009-2010 Curso Participant list with contact information	37

Benskin, Sherwin

Ophthalmological Society of the West Indies (OSWI)..... Abstract not receive prior to printing

Mello Filho, Paulo Augusto de Arruda

Conselho Brasileiro de Oftalmologia..... Abstract not receive prior to printing



PROJECT ABSTRACT

Tahra Al Mahmoud MD
Middle East African Council of Ophthalmology (MEACO)

PAAO Leadership Course 2009-2010
Project Abstract

Title of Project: Post Graduate Medical Education in the United Arab Emirates: Guidelines on a Code of Ethics and Professional Conduct for Trainees

Purpose: The concept of Postgraduate Medical Education (PGME) structured residency training programs is gaining popularity and is becoming a high national priority with the United Arab Emirates University (UAEU) under whom auspices these programs are conducted. The aim of this project is to set the guidelines for a Code of Ethics that will govern the conduct and activities of Postgraduate trainees (Residents) in medical specialty.

Methods: Various elements from international organizations with recognized high ethical standards and opinions of scholars who are experts in this field were reviewed and adapted, with preservation of core Islamic values.

Results: This document focuses on professional responsibilities in the following aspects: professional practice standards, professional community standards, research standards, professional relationships with colleagues, physician duties towards society, physician duties towards the work place establishment, the relationship between physician trainees, postgraduate training programs and industry, reporting responsibilities, comments or behaviors considered unacceptable and a summary of general principles for the trainee.

Conclusion: A formal document is now available to all postgraduate trainees (Residents) to emphasize the importance and relevance of ethical considerations in PGME with a strong sense of obligation to patients' best interests.



PROJECT ABSTRACT

Vania García Aliaga MD
Sociedad Panamericana de Baja Visión

Curso de Liderazgo 2009-2010
Abstracto del Proyecto

Title of Project: Implementación del Instituto de Baja visión en niños ‘Aprecia’

Introducción: En Bolivia existen muy pocos centros de rehabilitación para pacientes con baja visión y los que existen no tienen las condiciones necesarias para brindar un apoyo adecuado a pacientes con déficit visual.

Muchos oftalmólogos no tienen conocimiento sobre la existencia de este tipo centros por lo que muchos niños con baja visión no son derivados oportunamente para su tratamiento.

Propuesta:

- Implementar el Instituto Aprecia en La Paz, Bolivia, con dispositivos ópticos (lupas, telescopios, lentes esfero-prismáticos) y no recursos no ópticos (lámparas, juegos, mesas, colchonetas, instrumentos musicales, etc) para mejorar la rehabilitación de estos niños
- Mejorar la difusión de los servicios de este centro entre los oftalmólogos y de esta manera incrementar la captación de pacientes al centro.

Métodos:

- 1) Identificar las principales necesidades del centro de Baja Visión Aprecia.
- 2) Evaluar a los niños del Instituto y realizar la prescripción de ayudas de baja visión
- 3) Conseguir financiamiento para dotar de ayudas ópticas y otro material para estos niños.
- 4) Incentivar y motivar a los oftalmólogos a enviar a pacientes con de Baja visión a este centro.

Resultados: Una vez conocidos los requerimientos del Instituto Aprecia y evaluados los pacientes, se realizó contacto con entidades no gubernamentales (Club de Leones y Clínica del sur) quienes aceptaron la propuesta para la donación de equipos, ayudas ópticas y material para la enseñanza para estos pacientes, a quienes se les realizó ya la primera entrega de material. Se mandó información sobre este instituto por email a los médicos oftalmólogos de La Paz, para que estos puedan referir a estos niños, se les enviará además folletos sobre este centro y periódicamente en las reuniones de la sociedad se les informará sobre los alcances del Instituto.

Conclusión: Este es el primer paso para que los oftalmólogos en La Paz, sean conscientes de que su papel en la rehabilitación visual es imprescindible para la derivación oportuna de pacientes

con baja visión a centros especializados. Es importante que los centros de baja visión cuenten con el equipo necesario para realizar el tratamiento adecuado y de esta manera reducir el impacto que la Baja Visión produce en estos niños.



PROJECT ABSTRACT

Adriana Hernández López MD
Mexican Society of Ophthalmology (*Sociedad Mexicana de Oftalmología - SMO*)

2009-2010 Curso de Liderazgo
Project Abstract

Participating institutions:

National.- Mexican Society of Ophthalmology (*SMO*), Secretariat of Health – National Center for Transplants (*Secretaría de Salud- CENATRA*), National Autonomous University of Mexico – Faculty of Medicine (*UNAM-Facultad de Medicina*)

International - Pan-American Association of Eye Banks (*Asociación Pan Americana de Bancos de Ojos - APABO*) , Pan-American Association of Ophthalmology (*PAAO*)

Mentor: Dr. Enrique Graue Wiechers

Title: Professionalization of medical personnel as procurers of corneal tissue, to satisfy the demand for corneal transplant service.

Background: In Mexico there are 6014 registered patients awaiting a corneal transplant procedure in 2010 (47.67% of all transplants), of which approximately 80% are located in the Federal District (Mexico's capital city). An average of 2660 corneal transplants have been performed in Mexico each year over the last 5 years. The percentage of annual national procurements is less than 40%, relying on importation to bring down the deferrals recorded in the national list, watched over by a guiding governmental body from the country represented by the National Center for Transplants (*CENATRA*), of the Secretariat of Health. The measures taken to date by *CENATRA* to promote a culture of donations in the country are in the educational field, through training donation coordinators, medical personnel committed to donation, however this has not been enough to satisfy the demand generated in the country, moreover, the number of transplants performed in 2009 showed an alarming descent, with only 100 recorded (justified by the influenza epidemic), which is why it is urgent to act with concrete actions that will allow this problem to be solved.

Objective: The purpose of the present project is to carry out collaborative actions, mediated by the Mexican Society of Ophthalmology, towards the initial realization of two internationally endorsed courses and to professionalize doctors as procurers of corneal tissue, according to the international guidelines set out by the *APABO* and the *PAAO*.

Material and Methods: Phase 1.- Theoretical-practical course for procurers in corneal transplants, with the contents endorsed by the international organizations (*APABO-PAAO*).

Forty students will be accepted per course with 40 hours of theoretical-practical activity, preferably by invitation of the governmental organizations of each state of the country, the selection of this personnel will allow the greatest procurement by working in a coordinated manner with the donation coordinators.

With this project we hope to improve the quantity of procurements in order to satisfy the current demand of corneal transplants, it must be remembered that without procurements there are no transplants. Likewise, during phase two, the area leaders will carry out the preparation of itinerant courses.

Results: Two courses were conducted, the first in May of 2010 with 11 students from the states of Tlaxcala, Sinaloa, Oaxaca, Nayarit, Morelos and the Federal District, from institutions belonging to health and private sectors. The second course was conducted in the month of August, 2010 with 17 students from the states of Veracruz, Baja California North and the Federal District, who also came from institutions belonging to the health and private sectors.

Conclusions: The hope is to improve the quantity of procurements in order to satisfy the current demand of corneal transplants, it must be remembered that without procurements there are no transplants. In addition, the first travelling course is currently being planned for September of this year. Finally, the plan is to soon establish the possibility of having the international endorsement of the PAAO.



PROJECT ABSTRACT

Ricardo Holzchuh, MD
Conselho Brasileiro de Oftalmologia

2009-2010 Leadership Program
Curso Project Abstract

Title of Project: Importance of new Young Ophthalmologist (YO) membership in “Conselho Brasileiro de Oftalmologia” (CBO)

Purpose: Increase the number of YO members in CBO

Methods: (1) Creation of CBO bylaws for YO. (2) Publication and disclosure of YO CBO propaganda. (3) Achievement of 2 monthly meetings with ophthalmologist leaders on the Especialization course program from all over the country, acknowledged by CBO, to promote, disclose and discuss duties and rights of YO. (3) Planning of YO CBO symposium at the Brazilian Ophthalmology Congress. (4) Planning social event for YO CBO during the Brazilian Ophthalmology Congress

Results: 40% increase of YO members in CBO was observed. Special site and specific themes were designed on the CBO website for the YO. CBO symposium will be held with specific themes in order to instruct these new YO into the job market.

Conclusions: The project is fundamental for the CBO to increase its young members and to show YO the importance of this membership to the Brazilian ophthalmology society. This project will continue and make wide contribution to new ideas, needs and future goals.



PROJECT ABSTRACT

Miguel J. Maldonado, M.D., Ph.D.
Sociedad Española de Oftalmología

2009-2010 Curso de Liderazgo
Project Abstract

Title of Project: Innovating in Ophthalmic Education for Medical Graduate Students: adaptation to the European Higher Education Space and the Americas.

Purpose: The aim of this Project is to improve both the content and way in which Ophthalmology is taught to Medical School Students according to the new European University guidelines (The Bologna Declaration of the European Space for Higher Education) and to embrace the experience in Ophthalmic Education of the Pan-American countries. By enhancing the knowledge in basic Ophthalmology of General Practitioners and Physicians, the role of primary eye care and referring to Ophthalmologists will be increasingly played by M.D.s, not by Optometrists reluctant to refer to Ophthalmologists, in many States and Countries.

Methods: As for content, the “know” and “know how” will be driven by the acquisition of competence; some of which will be achieved by knowledge and some by active practice to improve skill level. As for the way teaching is led, we aim to establish an education focused mainly on active student learning through various outlets. Our goal is to develop and edit an updated teaching guide that includes not only a textbook, but also some interactive problem solving cases, extended reading, photo atlas and self-marking case reports, which will be either online or CD/digitally based.

Results: After negotiating with different editorial companies I have reached an agreement with McGraw-Hill for the edition of a new book on “Ophthalmology for Medical Students, General Practitioners and Physicians” that includes most of the online resources required for an updated way of teaching, included the so called “e-learning”. I have signed a contract with McGraw-Hill that includes future availability of the teaching guide not only in Spain but also in Latin-American countries. This teaching resource will be co-authored by ophthalmologists with teaching experience in the Pan-American countries and Spain.

Conclusions: During 2011 a new guide on Ophthalmology for Medical Students and also for Physicians or General Practitioners wishing to update their knowledge will be available in Spanish. This teaching resource will be based not only in a conventional reading book but also in more interactive learning techniques that will allow increasing knowledge anytime during the day or night through an online approach. The cooperation in providing input and new ideas of

this comprehensive teaching guide, and equally important, to cultivate its future use in each Pan-American country opens the door to involvement of all the Curso de Liderazgo participants in this Project. This will hopefully help enhance the role of the M.D.s in the Primary Eye Care, increase referrals to Ophthalmologists, and strengthen advocacy for Ophthalmologists eventually; a goal we should potentiate as much as possible for the sake of patients' quality of care.



PROJECT ABSTRACT

Rolando Mora Retana
Asociación Oftalmológica de Costa Rica

2009-2010 Curso de Liderazgo
Project Abstract

Title of Project: Facilitación de Acceso a la Información científica para los miembros Activos de la Asociación Oftalmológica Costarricense.

Purpose:

En nuestro país la mayoría de los miembros de la Asociación Oftalmológica no posee acceso a diferentes fuentes de información científica mundial por diferentes razones. Es por esto que en nuestra organización es una prioridad el poder facilitar el acceso al conocimiento y así tener a lo largo y ancho de nuestro territorio colegas bien informados y capacitados. Gracias a la tecnología esto es posible y el internet se convierte en una herramienta muy provechosa.

Dado lo anterior se pretende generar a través de nuestra página web acceso a información científica oftalmológica mundial, además de crear blogs de consultas entre colegas y los diferentes subespecialistas de nuestro país e internacionales que podamos contactar.

Methods:

Se adecuará nuestra página web para hacerla más dinámica y así por un lado generar a través de un código a los miembros activos de la Asociación la posibilidad de acceder a Blogs de consulta de diferentes temas de interés, además de plantear colocar al mes artículos importantes de diversas áreas y generar comentarios al respecto principalmente entre los subespecialistas del área específica.

Por otro lado gracias a un convenio que se logró con la Biblioteca Nacional en Salud en San José, Costa Rica, nos facilitaron cierto número de claves para tener libre acceso al MD consult y otros sitios de acceso a la información científica. Por eso se distribuirán estos códigos entre los distintos colegas a nivel Nacional, dando prioridad a colegas de zona Rural y aquellos que constantemente están revisando artículos, con el fin de sacarle el mayor provecho. Además se estimulará entre ellos compartir el código y estimular a los colegas que están en su área cercana para que aprovechen el acceso a estos sitios.

Results

Como parte inicial de nuestro proyecto es el presentar, capacitar y entregar los códigos de acceso a los diferentes colegas nacionales en el curso Regional Panamericano a realizarse en Costa Rica. Una vez hecho esto se iniciará con la evaluación de la respuesta en los meses previos a la reunión en Chicago, donde se presentará los resultados finales.

Conclusion

Este proyecto logrará mantener a los diferentes agremiados a la Asociación Oftalmológica Costarricense en constante actualización sobre temas de interés común. A la vez que permitirá unificar criterios a la hora de enfrentar diferentes patologías, además de mantenernos en contacto con los colegas a fin de estrechar lazos y trabajar para el fin último de nuestra profesión que es la salud visual de nuestros pacientes.



PROJECT ABSTRACT

Rolando Mora Retana
Asociación Oftalmológica de Costa Rica

2009-2010 Curso de Liderazgo
Project Abstract

Project Title: Create Access to Scientific Information for the Active members of the Ophthalmological Association of Costa Rica

Purpose:

In Costa Rica, most of the members of the Ophthalmological Association does not have access to different sources of scientific information worldwide for different reasons. That is why our organization is a priority to facilitate access to knowledge and thus have the length of our territory colleagues well informed and trained. Thanks to technology, that is possible and the internet becomes a very helpful tool.

The idea is generate through our website access to scientific ophthalmic information worldwide and create blogs of consultations between colleagues and the various nationals and internationals sub-specialists.

Methods:

Our project will adapt our website to make it more dynamic in order to generate through a code to active members of the Association the ability to access Blogs with various topics of interest. Moreover we will proposed placing important items a month of and different areas and generate comments and ideas about that topic.

On the other hand, thanks to an agreement that was reached with the National Health Library in San José, Costa Rica, gave us a number of keys for free access to MD Consult and other internet sites with access to scientific information. So these codes will be distributed between different colleagues in our National territory, prioritizing rural area colleagues and those who are constantly reviewing articles, in order to get the most benefit. Also be encouraged to share code between colleagues who are in their immediate area to avail access to these sites.

Results:

As an initial part of our project is to present, train and deliver the access codes to the various national colleagues during the Pan American Regional to be celebrate in Costa Rica. Once this starts with the assessment of response in the months prior to the meeting in Chicago, where he presented the final results.

Conclusion:

The project will achieve different members of the Costa Rican Ophthalmological Association constantly updated on topics of common interest. While we will unify the different criteria, as well as keep in touch with colleagues in order to strengthen ties and work toward the goal of our profession that is the eye health of our patients.



PROJECT ABSTRACT

Héctor D. Palacios Herrera
Sociedad Peruana de Oftalmología

Leadership Course 2009-2010
Abstract Project

Title of Project: Panamerican Day of the Macula

Purpose:

Early detection of illness of the macula
Premature treatment of illness of the macula.

Methods:

1. Diffusion through posters, dyptich papers and National Congresses of Ophtalmology previous to the date.
2. Information meeting to the general public.
3. Massive screening through Amsler grid.
4. Reference to the hospital centre for the treatment
5. Sponsored by commercial companies

Results:

The results will be presented in the next National or International Congress for their respective difussion and knowledge.

Conclusions:

The prevention is the first angular stone for the detection and basic treatment of the illness of the macula, for that reason it is desirable that we make efforts every year for organizing the Panamerican Day of the Macula with the purpose of establish it.



Sociedad Panamericana
de Retina y Vitreo

 **NOVARTIS**



I Día Panamericano de la Mácula

2 de Agosto del 2010



PROJECT ABSTRACT

Fernando Yaacov Peña
Sociedad Colombiana de Oftalmología

2009-2010 Curso de Liderazgo
Project Abstract

Title of Project: Assessment and collaboration for the restoration of eye care services in Haiti after the earthquake of January 12th 2010

Purpose: To evaluate eye care services in Haiti and propose recommendations for the restoration of primary eye health and coordination of international aid.

Methods: An evaluation of eye care services was performed with a direct visit to every eye care facility within the area of the earthquake in the cities of Port au Price, Carrefour, Petit Goave, Leogane and Jacmel.

Results: A significant portion of the ophthalmic equipment and facilities in the area affected by the earthquake was damaged. This worsened the already poor condition of much of the available technology and infrastructure. There are only 5 ophthalmologists for every million inhabitants, and there are neither optometrists nor ophthalmic assistants. Almost none of the ophthalmologists have performed cataract surgery since the earthquake. One ophthalmologist was killed during the earthquake. At least 30% of the ophthalmologists lost partially or totally their offices or the eye care facility was destroyed. Some other 50% - 70% are slowly returning to practice but practically none of the ophthalmologists are performing eye surgery since the earthquake, except for a Cuban team. Since before the earthquake the cataract surgery rate was approximately 500 surgeries per million people. This is probably due to the fact that there is a lack of appropriate equipment for surgery (good quality microscopes, surgical sets, etc.) and also because poor surgical training of the ophthalmologists. Many doctors, including ophthalmologists, and other health workers in state hospitals have not been paid since the earthquake. The state hospitals are able to barely run with aid from foreign donor agencies and NGOs. Some ophthalmologists have received some degree of instruction in prevention of blindness and community eye health, and have attended workshops and lectures; although there are no programs of community eye health or public health in ophthalmology, like those seeking to increase the number of cataract surgeries, or the detection and treatment of glaucoma, the two major causes of blindness, and there are no programs aimed at the prevention of childhood blindness.

Conclusion: Haiti was severely affected by the earthquake in January 12th 2010. Primary health care needs to be improved with better access to health care facilities, outreach of patients and health promotion, programs with vaccinations, provision of drinking water, electricity supply, waste removal and sewage, and provision of medications to treat the diseases with higher prevalence of morbidity and mortality. All these primary health care needs have to be covered in order to achieve adequate primary eye care. It is important that each eye care facility follow the recommendations provided by certified experts regarding the structural integrity of its buildings and infrastructure caused by the earthquake. There is a need to increase the number of ophthalmic assistants and community health workers with adequate instruction. It is important that NGOs interested in giving any kind of support to Haiti, also could help to rise the financial sustainability of eye care facilities and ophthalmologists, specially this year, since most of the victims after the earthquake are not paying for health services. It is important an integration and coordination of the Haitian Ophthalmic Society, the CNPC (National Committee for the Prevention of Blindness) and the different eye care facilities for the appropriate solicitation, acceptance and distribution of donations from private sources and NGOs, according to governmental regulations and procedures. Haitian ophthalmologists need to prepare and elaborate effective projects regarding the prevention of blindness by the major causes identified in the country with the assistance and help form experts of the major NGOs and organizations that promote eye health in the region.



PROJECT ABSTRACT

C. Marcelo Reinhart MD
Consejo Argentino de Oftalmología

2009-2010 Curso de Liderazgo
Project Abstract

Title of Project: Desarrollo del programa científico del Curso del Cono Sur de la PAAO

Introduction: Se observa en la actualidad una necesidad de reforzar y uniformar los conocimientos científicos adquiridos por los oftalmólogos en distintos sitios de formación de América Latina. Una de las modalidades para lograr esto, promovida históricamente por la PAAO, es el auspicio al desarrollo de cursos de formación regionales. Dentro de estos cursos, destaco siempre el Curso del Cono Sur, dictado en Buenos Aires y actualmente discontinuado. Con la mente en el relanzamiento de la versión 2011 de este afamado curso, se recupera una herramienta de formación con calidad y actualidad.

Purpose: Desarrollar el programa científico del Curso del Cono Sur de la PAAO.

Methods: El desarrollo se llevara a cabo mediante la selección de temas, casos y oradores, en conjunto con los demás egresados del Curso de Liderazgo PAAO, enviados por el Consejo Argentino de Oftalmología (Dr. Zas, Dra. Sanseau, Dra. Carrasco, Dr. Saravia). Para eso se tendrán en consideración el temario de cursos similares de la región y del mundo, así como los programas de los últimos congresos de la especialidad (ASCRS, ASOA, AAO, ESCRS, ARVO, etc.)

Results: Concluida la primera etapa de selección se obtiene un programa preliminar estructurado en cinco semanas de duración, con asistencia a conferencias teóricas por la mañana, y a estudio de casos por la tarde. Asimismo se selecciona material de lectura previa para cada uno de los temas. A partir de aquí se trabajara en el refinamiento de estos contenidos para lograr una propuesta homogénea y de calidad.

Conclusions: El trabajo coordinado y participativo de los miembros del grupo que fue enviado al Curso de Liderazgo de la PAAO, dará como resultado la confección definitiva de un programa científico que aporte valor a la formación de los oftalmólogos regionales.

Mentor: Dr. Mario J. Saravia (CDL Clase 2006-2007)



PROJECT ABSTRACT

Carlos A Restrepo P.
Sociedad Colombiana de Oftalmología

2009-2010 Curso de Liderazgo
Project Abstract

Title of Project: Acquisition of a virtual simulator for ophthalmic surgery

Purpose: Cataract surgery is the most frequently performed and trained surgery during the residency program and also the most frequent surgery performed by Ophthalmologists and among all the surgical specialists. The changing trends in the legislations and politics in health departments and hospitals throughout the entire world are responsible for the declining in the number of surgeries performed during residency. All of the above are responsible for the decreasing number of cataract surgeries performed by the residents and the increasing risk for the patient. Knowing that the training in cataract surgery is a painful event for the patient's health any effort made to increase the safety and shorten the learning curve is an investment. An effectively proven method in skill development is the simulator, largely used for the well known difficult training of the air and space pilots among some precise professions. Simulators are gaining room in the surgical training with only one withdrawal, the very high price for a third world country as Colombia.

Methods: The acquisition of a surgical simulator with the participation of a national ophthalmic society and the changing in the university policies regarding the surgical training of their ophthalmology residents. The compromised participation of the Colombian Society of Ophthalmology was correctly achieved with the involvement of an LDP – CURSO participant (Dr Fernando Gomez G) and me within the board. The Colombian Society of Ophthalmology has adopted and developed the idea of the acquisition of a surgical simulator as an enterprise opportunity to develop a sustained source of income and a way to alleviate the investment, but also as an opportunity to fulfill its mission regarding the instruction of today and tomorrow ophthalmologists. The change in the policies of the residency programs towards the mandatory participation in a virtual training program coordinated by the Colombian Society of Ophthalmology is been developed as the tool to ensure the involvement of all the residents and the economical retribution to balance some of the investment, guarantee the maintenance and updates in the future, and the possibility to acquire more units to serve more efficiently in a training center that can be coupled with wet labs.

Results: With the approval of the acquisition of the virtual simulator of cataract surgery, the EYSi by VR magic, the Colombian Society of Ophthalmology ensure the fulfillment of the

project. The next steps of the project are related to encourage the change in the curriculum of the universities guided by the Colombian Society of Ophthalmology and the assistance of the International Council of Ophthalmology and the creation of a training center simulation.

Conclusions: Although the virtual simulators are recognized and used as a precise equipment to train residents in their surgical skills, and therefore decrease the risks for the patients, they're very expensive to acquire by most of the third world countries. The participation in the main board of the local society of Ophthalmology with the guidance received in the leadership course of the Pan-American Academy of Ophthalmology is a big step to ensure the adequate execution of projects like this and projects that involve the change in the policies of universities or any



PROJECT ABSTRACT

Dra. Erlinda Rivera de Castillo
Asociación Salvadoreña de Oftalmología

2009-2010 Curso de Liderazgo
Project Abstract

***Título del Proyecto:* PROGRAMA EDUCACIÓN EN PREVENCIÓN DE CEGUERA EN PACIENTES CON DIABETES MELLITUS EN EL SALVADOR.**

Introducción: La incidencia de Retinopatía Diabética en nuestros países va cada vez más en aumento, debemos contar con un programa de educación dirigido a los pacientes para crearles más conciencia en los resultados de un buen control metabólico. Es importante incluir en este programa a las Asociaciones de Endocrinología, Medicina Interna y Medicina General, así como también con Asociaciones de pacientes diabéticos.

Propuesta: Elaboración de un Programa de Educación dirigido a pacientes diabéticos coordinado por la Asociación Salvadoreña de Oftalmología.

Métodos: **Primera Etapa:** Conformación del comité Educativo por parte de la Asociación Salvadoreña de Oftalmología que en conjunto con las diferentes Organizaciones, para impartir charlas educativas y de sensibilización dirigidas a las pacientes y sus familiares en Prevención de la Ceguera. **Segunda Etapa:** Elaboración de panfletos informativos, para ser distribuidos tanto a Oftalmólogos como a Clínicas Asistenciales Públicas y Privadas. **Tercera Etapa:** Capacitación al personal de atención primaria de salud para que puedan dar dichas charlas a mayor número de población. Participación en medios como radio y televisión a través de entrevistas. Creación de una campaña publicitaria en prevención de ceguera.

Resultados: Se ha hecho contactos con el Colegio Médico de El Salvador para la realización de charlas dirigidas a médicos dentro del programa de educación médica continuada. Se han logrado acuerdos con un Programa de entrevistas por televisión de un canal local para tener en forma periódica la participación de un oftalmólogo y difundir los conceptos básicos a la población. Se ha dado charlas a pacientes que asisten a clínicas asistenciales, con buena aceptación y creando mayor conciencia en la importancia de su control metabólico. Se ha comenzado el diseño de la campaña publicitaria en radio con el apoyo de la Asociación Salvadoreña de Oftalmología, la cual será lanzada a finales del presente año.

Conclusiones: La implementación del programa en educación primaria en prevención de ceguera por retinopatía diabética es importante desarrollarlo en nuestros países de América

Latina, ya que la mayoría de los pacientes tiene muy limitado acceso a tratamientos de Laser o medicamentos intra vítreos. La prevención es piedra angular en dichos casos.



PROJECT ABSTRACT

Dra. Erlinda Rivera de Castillo
Asociación Salvadoreña de Oftalmología

2009-2010 Curso de Liderazgo
Project Abstract

Title of project: EDUCATIONAL PROGRAM FOR THE PREVENTION OF BLINDNESS IN DIABETIC PATIENTS IN EL SALVADOR

Introduction: The occurrence of diabetic Retinopathy in our countries is increasing; we must develop an educational program directed towards teaching patients the results of having a good metabolic control. It is essential for the project to include the following associations: The Endocrinology Society, Internal Medicine Society, The Medical College, and the Diabetic Patients Association.

Proposal: The creation of an educational program with the objective of educating diabetic patients which will be coordinated by the Salvadorean Ophthalmology Society.

Methods: First Stage: To organize the Salvadorean Society of Ophthalmology along with other organizations to impart educational talks directed to patients and their families about how to prevent blindness. **Second Stage:** To elaborate informative pamphlets that will be distributed to Ophthalmologists as both public and private health clinics. **Third Stage:** To train primary health care staff so that they can give the mentioned talks to an even larger amount of people, to participate in media broadcasting, such as radio, television and talk shows, and to create a advertising campaign to prevent blindness.

Results: It has made contact with the Medical College of El Salvador for the completion of talks aimed at physicians within the continuing medical education program. Agreements have been reached with a program of talk show by local TV channel on a regular basis to have the involvement of an ophthalmologist and disseminate the basic concepts to the public. It has given talks to patients attending health care clinics, with good acceptance and creating greater awareness on the importance of their metabolic control. It has begun the design of the radio advertising campaign with the support of the Salvadoran Association of Ophthalmology, which will be launched later this year.

Conclusions: The implementation of primary education program on prevention of blindness due to Diabetic Retinopathy is important to develop in our countries of Latin America, since most

patients have very limited access to laser treatments or intra vitreous medication. Prevention is the cornerstone in such cases.



PROJECT ABSTRACT

Luis Felipe Rivero Caret
Sociedad Venezolana de Oftalmología

Curso de Liderazgo 2009-2010
Abstracto del Proyecto

Mentor: Oscar Vicente Beaujon Balbi

Título del Proyecto: Concurso Nacional de Casos Clínicos de Retina

Introducción: Muchos miembros de la Sociedad Venezolana de Oftalmología (SVO) han manifestado que la sienten muy lejana, en particular aquéllos que residen en el interior del país. Por este motivo se ha decidido implementar medidas que la hagan más cercana y asequible a sus miembros, y que estimulen su participación directa en las actividades de la Sociedad.

Propuesta: Creación de un Concurso Nacional de Casos Clínicos de Retina, con los objetivos de: 1) estimular la investigación clínica en el área de retina; 2) fomentar la participación de jóvenes oftalmólogos y residentes; 3) estrechar las relaciones entre los oftalmólogos de las diferentes regiones del país entre sí y con la SVO; 4) proveer una oportunidad imparcial a talentos ocultos o nuevos para avanzar en el área de la retina nacional, y 5) proporcionar una manera amena de llevar educación médica continua en el área de la retina.

Método: El proyecto fue aprobado por Junta Directiva de la SVO. Se diseñó un concurso a 2 niveles, regional y nacional. Los Coordinadores de los Grupos de Retina de cada una de las 7 regiones administrativas en las que se divide el Grupo Venezolano de Retina, Vítreo y Tumores convocaron a sus miembros y a los oftalmólogos regionales a participar en sendos Concursos Regionales. Los ganadores de los Concursos Regionales participaron en el Concurso Nacional, realizado en el marco del Congreso Nacional de Oftalmología. Se contactó a la industria farmacéutica para el patrocinio de un premio para el ganador del Concurso Nacional, el cual fue otorgado por Laboratorios Allergan Venezuela.

Resultados: El proyecto fue recibido con entusiasmo por los oftalmólogos de las diferentes regiones. Los concursos regionales cumplieron su objetivo de estrechar las relaciones entre los colegas. Asimismo los ganadores procedieron a profundizar y mejorar sus casos para el Concurso Nacional. El concurso nacional fue todo un éxito, permitiendo la participación en la sesión principal del día de retina de 8 talentosos oftalmólogos que de otra manera no hubieran tenido acceso a la misma. El premio al primer lugar fue pasaje e inscripción a un prestigioso

congreso en Norteamérica, seleccionándose este año el Annual Meeting of The Retina Society. El premio al segundo lugar fue inscripción al próximo Congreso Nacional de Oftalmología.

Conclusiones: hemos visto que medidas como esta, y muchas otras en desarrollo, contribuyen a fomentar las buenas relaciones entre los miembros de la SVO, a estimular un espíritu sano de competencia que mejora el nivel científico en el país, a realizar educación médica continuar de una manera amena y muy en particular, a acercar la SVO a sus miembros, dando respuesta a la repetida pregunta ¿de qué me sirve pertenecer a la SVO?



PROJECT ABSTRACT

Luis Felipe Rivero Caret
Sociedad Venezolana de Oftalmología

Curso de Liderazgo 2009-2010
Abstracto del Proyecto

Mentor: Oscar Vicente Beaujon Balbi

Project Title: National Retinal Clinical Cases Contest

Introduction: Many members of the Venezuelan Society of Ophthalmology (VSO) have manifested their concern that they feel it aloof, particularly those who reside in the interior of the country. For that reason several measures are being implemented to make the Society closer and more accessible to its members and to stimulate their direct participation in its activities.

Purpose: To create a National Retina Clinical Cases Contest with the following objectives:

- 1) to stimulate clinical research in the retina area; 2) to foster the participation of residents and young ophthalmologists in activities of the VSO; 3) to strengthen the relations of ophthalmologist of the different regions of the country among themselves and with the VSO;
- 4) to provide an impartial opportunity to new or hidden talents to advance in the retina area at the national level; and 5) to develop an enjoyable way of continuous medical education in the retina area.

Methods: The Project was approved by the Board of Directors of the VSO. A two level contest, regional and national, was designed. The Coordinators of each of the 7 administrative regions into which the Venezuelan Retina, Vitreous and Tumors Groups is divided summoned its members and as well as regional ophthalmologists to participate in the Regional Contests. The winners of the Regional Contests participated in the National Contest, which took place during the Venezuelan National Congress of Ophthalmology. The pharmaceutical industry was contacted to sponsor a prize for the winner, which was granted by Laboratorios Allergan Venezuela.

Results: The Project was enthusiastically welcomed by the ophthalmologists of the different regions of the country. The Regional Contests fulfilled their goal of strengthening the relations amongst the members. Regional winners proceeded to improve their cases for the National Contest. The National Contest was a complete success, allowing 8 talented ophthalmologists to participate in the main session of the retina day, to which they would not have had access

otherwise. The prize to the winner of the first place was a plane ticket and registration to a prestigious retina congress in the US, which was chosen to be the Annual Meeting of The Retina Society. The prize to the second place was a registration to the next Venezuelan National Congress of Ophthalmology.

Conclusions: We have seen that measures like this one, and many others to be implemented, contribute to further good relations among the members of the VSO, to provide a medium for continuous medical education, to stimulate a healthy spirit of competition that also enhances the scientific level in the country, and most of all, to get the VSO closer to its members, giving an answer to the repeated question: why should I belong to the SVO?



PROJECT ABSTRACT

Luis Felipe Rivero Caret
Sociedad Venezolana de Oftalmología

Curso de Liderazgo 2009-2010
Abstracto del Proyecto

Mentor: Oscar Vicente Beaujon Balbi

Título do Projeto: Concurso Nacional de Casos Clínicos em Retina

Introdução: Muitos membros da Sociedade Venezuelana de Oftalmologia (SVO) tem manifestado que a acham muito afastada, em particular aqueles que moram no interior do país. Por este motivo tem se decidido implementar medidas para aproximá-la aos membros e para estimular a participação deles nas atividades da Sociedade.

Proposta: Criação de um Concurso Nacional de Casos Clínicos em Retina, com os objetivos de: 1) estimular a investigação clínica na área de retina; 2) fomentar a participação de oftalmologistas novos e de residentes; 3) estreitar as relações entre os oftalmologistas das diferentes regiões do país entre si e com a SVO; 4) prover uma oportunidade imparcial a talentos ocultos ou novos para avançar na área da retina nacional; e 5) fornecer uma forma amena de levar educação médica continuada na área da retina.

Método: O projeto foi aprovado pela Junta Directiva da SVO. Foi desenhado um concurso a 2 níveis, regional y nacional. Os Coordenadores dos Grupos de Retina de cada uma das 7 regiões administrativas nas que esta dividido o Grupo Venezolano de Retina, Vítreo e Tumores convocaram a seus membros e aos oftalmologistas regionais a participar nos Concursos Regionais. Os ganhadores dos Concursos Regionales participaram no Concurso Nacional, realizado no Congreso Nacional de Oftalmologia. A indústria farmacéutica foi contatada para o patrocínio de um prêmio para o ganhador do Concurso Nacional, que foi dado pela Laboratorios Allergan Venezuela.

Resultados: o projeto foi recebido con entusiasmo pelos oftalmologistas das diferentes regiões. Os concursos regionais cumpriram o objetivo de estreitar as relações entre os membros. Assim mesmo os ganhadores procederam a aprofundar e melhorar seus casos para o Concurso Nacional. O Concurso Nacional foi um grande sucesso, permitindo a participação na sessão principal do dia de retina a 8 talentosos oftalmologistas que de outro jeito não tivessem tido acesso à mesma. O prêmio ao primeiro lugar foi uma passagem e inscrição a um prestigiado congresso

em Norteamérica, sendo escolhido este ano o Annual Meeting of The Retina Society. O prêmio ao segundo lugar foi a inscrição no próximo Congresso Nacional de Oftalmologia.

Conclusões: temos visto que medidas como esta, e muitas outras em desenvolvimento, contribuem para fomentar as boas relações entre os membros da SVO, para estimular um espírito sadio de competência que melhora o nível científico no país, para fornecer uma forma amena de educação médica continuada e especialmente para aproximar à SVO a seus membros, dando resposta à repetida pergunta: adianta pertencer à SVO?



PROJECT ABSTRACT

Felipe Torres Villanueva
Sociedad Peruana de Oftalmología

2009-2010 Curso de Liderazgo
Project Abstract

Mentor: Dr. Francisco Contreras Campos

***Título del Proyecto:* PLAN DE DESARROLLO DE SUB ESPECIALIDADES
OFTALMOLOGICAS ESCOLARIZADAS EN EL PERU**

Introducción: La sub especialización en oftalmología en el Perú está limitada a las necesidades aisladas de los oftalmólogos recién graduados que aspiran incrementar sus habilidades y destrezas en un determinado tópico de la oftalmología, y buscan en forma personal el espacio clínico donde realizarla. La oferta de instituciones que ofrecen dichas especialidades se restringen en el país a dos universidades que otorgan las especialidades de Oftalmología Pediátrica y Oncología Oftalmológica y a pasantías sin aval universitario en el Instituto Nacional de Oftalmología. La Sociedad Peruana de Oftalmología no participa actualmente en la difusión activa de las opciones que tienen los oftalmólogos jóvenes para aplicar, ni en promocionarlos para que accedan a las subespecialidades dentro o fuera del país, solo promociona las becas de la Asociación Panamericana de Oftalmología. La Sociedad Peruana de Oftalmología debería, como parte de su comité de educación médica continua, promover la formación de subespecialistas oftalmología.

Propuesta: Proponer la creación del Comité de Educación Médica Continua en los estatutos de la Sociedad Peruana de Oftalmología y crear un Programa de Promoción de las Sub Especialidades Oftalmológicas.

Métodos: Los estatutos de la Sociedad Peruana de Oftalmología no contemplan un comité de educación médica continua por lo que se elaboro una propuesta de creación de este comité, que se alcanzo a la Junta Directiva. Paralelamente se trabajaron propuestas de creación de dos nuevas sub especialidades en dos universidades. Se presentaron a los Comités de Post Grado la creación de la Sub especialidad de Retina y Vítreo por el Dr. Antonio Roca y la Sub Especialidad de Cirugía del Segmento Anterior por el Dr. Felipe Torres. Asimismo, se planeo la creación del directorio de instituciones que ofrecen espacio clínico quirúrgico en instituciones de Iberoamérica.

Resultados: La Sociedad Peruana de Oftalmología ha tomado el liderazgo en este tema y lo ha hecho suyo, ya que la Junta Directiva ha propuesto el cambio total de los estatutos, actualizándolos a los que propone el Colegio Médico del Perú donde ya se contempla el papel del comité de educación médica continuada. Asimismo, existen grupos de trabajo de cada sub especialidad que son los capítulos correspondientes y que se proyecta que serán miembros integrantes del comité de educación médica continua y será cada grupo el encargado de promocionar y presentar a los candidatos que deseen ingresar a la sub especialidad respectiva, haciendo el acompañamiento y seguimiento hasta que el candidato culmine su entrenamiento y se incorpore al grupo de trabajo.

La creación de las nuevas sub especialidades en las universidades peruanas deberán contar con la participación activa de los diferentes sub especialistas que actualmente integran los grupos o capítulos de la sociedad peruana de oftalmología.

El directorio de las instituciones medicas que ofrecen campo clínico y quirúrgico para realizar sub especialidades en Iberoamérica, estará en la pagina web de la Sociedad Peruana de Oftalmología y el candidato podrá encontrar el link para información y tendrá además la posibilidad de buscar la recomendación de algún sub especialista o profesor que haya realizado su especialidad en dicha institución, y presentarse a la Junta directiva para que ella eleve la recomendación final y presentación oficial a la institución escogida.

Conclusiones: La implementación de este proyecto abrirá las opciones que tienen los oftalmólogos jóvenes del Perú en acceder a alguna especialidad, asimismo impulsara el trabajo activo de los miembros del comité de educación médica continua así como de los grupos de trabajo de las sub especialidades y como consecuencia lógica se promoverá la mayor participación de la comunidad médica oftalmológica peruana en todas las actividades académicas de la sociedad.



PROJECT ABSTRACT

Felipe Torres Villanueva
Sociedad Peruana de Oftalmología

2009-2010 Curso de Liderazgo
Project Abstract

Mentor: Dr. Francisco Contreras Campos

Title: PLAN OF DEVELOPMENT ACCREDITED OPHTHALMIC SUB SPECIALITIES IN PERU

Introduction: In Peru, the sub specialization in Ophthalmology is limited to the needs isolated of the newly graduated ophthalmologists that aspire to increase their skills in a certain topic of the Ophthalmology, and they search individually the place where to learn it.

The peruvian institutions that offer sub specialties are restricted to two universities that give certification in Paediatric Ophthalmology and Ophthalmological Oncology. Also, there are fellowships without university endorsement in the National Institute of Ophthalmology.

Nowadays, the Peruvian Society of Ophthalmology do not participate in the active diffusion of the options that young ophthalmologists have, nor promote them in order to facilitate their application for sub specialties in or out our country. It just promotes the scholarships of the Pan-American Association of Ophthalmology. The Peruvian Society of Ophthalmology should promote the formation of subspecialists in Ophthalmology through the Continuing Medical Education Committee.

Purpose: To propose the creation of the Continuing Medical Education Committee in the statute of the Peruvian Society of Ophthalmology and to create a Program of Promotion of the Ophthalmic Sub specialties.

Methods: The statute of the Peruvian Society of Ophthalmology does not include a Continuing Medical Education Committee. It has been elaborated a proposal for creation of this committee that was given to the board of directors.

Also, we worked proposals of creation of two new sub specialties in two universities. The proposals were presented to the Postgraduate Committees: the creation of the Sub specialty of Retina and Vitreous in charge of Dr. Antonio Roca and the Sub specialty of Anterior Segment Surgery in charge of Dr. Felipe Torres. Likewise, it has been planned the creation of the directory of entities that offer clinical and surgical training in institutions of Iberoamerica.

Results: The Peruvian Society of Ophthalmology has taken the leadership in this topic, so the Board of directors has proposed the complete change of the statute, updating it according to the guidelines of the Medical College of Peru, including the role of the continuing medical education committee.

Likewise, there are workgroups of each sub specialty and some of their members will integrate the continuing medical education committee. Each workgroup will have to promote and nominate the candidates who would like to apply for the each sub specialty; also the workgroup will do the follow-up until the candidate finishes his training and joins the workgroup.

The creation of the new sub specialties in the Peruvian universities will have to count on the active participation of the different sub specialists who nowadays integrate the workgroups of the Peruvian Society of Ophthalmology.

The directory of the medical institutions that offer clinical and surgical training for doing sub specialties in Iberoamerica will be in the web page of the Peruvian Society of Ophthalmology so the candidate will be able to find the link with information and will have the possibility of looking for the recommendation of a sub specialist or a teacher who had done the sub specialty in the mentioned institution. Then, the candidate will introduce himself to the Board of directors and this would make the final recommendation and official presentation to the selected institution.

Conclusion: The implementation of this project will open the options that have young Peruvian ophthalmologists in acceding to certain sub specialty; also it will stimulate the active work of the members of the continuing medical education committee as well as of the sub specialties workgroups. Finally, as logical consequence there will have promoted the major participation of the medical ophthalmological Peruvian community in all the academic activities of the Society.